

## Eye and Vision Center of Pleasant Hill COVID-19 Update

We appreciate your patience as we have been observing the shelter in place guidelines established by the State of California and Contra Costa County. Beginning Monday, May 18, 2020, we will begin seeing patients on a limited, by appointment only basis. We ask that you observe the following guidelines to maximize the safety of both our patients and staff:

- 1) Due to the pandemic, we will not be accepting any walk-in visits. We ask that you call first to schedule an appointment. We will only allow one patient in the office at a time (in order to maintain the proper social distancing requirements).
- 2) Our doors will be locked to limit the number of patients admitted (only one patient or one plus a guardian). When you arrive at the office for an appointment, please call from the parking lot, and we will open the door for you. **Note that our waiting room and restrooms will be closed.**
- 3) We are accepting orders for both contacts and eyeglasses; however, please be aware that it may take longer for orders to be completed. At this time, we will not be fitting/adjusting eyeglasses.
- 4) ALL PATIENTS MUST WEAR A MASK AND SANITIZE THEIR HANDS BEFORE ENTERING THE OFFICE. Please bring your own mask. We will provide sanitizer for your use at the front door. The doctor and staff will be wearing masks. After each patient visit, all equipment, eyeglasses, and surfaces will be disinfected.
- 5) If you have a fever, cough, cold, or runny nose, please do not visit the office. Temperatures will be taken at the front door before you enter. Anyone with a temperature of 100 degrees (or more) will have their appointment rescheduled.
- 6) **Please print and complete the medical history document (both sides) prior to arriving for an eye exam.** Our medical history form is posted on our website: [eyeandvisioncenterofpleasanthill.com](http://eyeandvisioncenterofpleasanthill.com).
- 7) We miss our patients, and look forward to seeing you safely! Please call us if you have concerns or special needs. **Our office will be open Monday, Tuesday, Thursday, and Friday with limited hours (10am-2pm).**

Sincerely,

Dr. Gilbert Matsuoka and Staff

(925) 947-6696